

West Covina

Community Recreation Guide

July - December 2016



A Recreation Destination

Follow us on
Social Media p. 2



New Pirate Inclusive Playground at Cameron Park! p. 24



Community Events

Summer Concert Series
and
Food Truck Festival

Summer Movies
in the Park

New Classes
at the Cortez Center p. 16
and Shadow Oak p. 12

Take a look inside
for all of our
community events on pp. 4-5
and
recreation classes on pp. 8-21

Haunted Trail Ghoster Park p. 15



Breakfast with Santa p. 5

Independence Day Carnival and Fireworks

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SOCIAL MEDIA

Follow the City of West Covina on Facebook, Twitter, and Instagram: @WestCovinaCity

Follow the West Covina Police Department on Facebook, Twitter, and Instagram: @WestCovinaPD

Follow the West Covina Fire Department on Instagram: @WestCovinaFire

Follow the City of West Covina on LinkedIn for job announcements at:
www.linkedin.com/company/city-of-west-covina



City Council

Mayor James Toma
Mayor Pro Tem Corey Warshaw
Councilman Mike Spence
Councilman Lloyd Johnson
Councilman Tony Wu

Community and Senior Services Commission

Chair, Steve Bennet	Vice Chair, Phil Kaufman
Nick Lewis	Glenn Kennedy
George Ogden	Tam Dinh
Luanne Arredondo	David Stewart
Leticia Lopez	Paul Blackburn

City Manager's Office

Main Line (626) 939-8401

Community Services Department

Nikole Bresciani
 Community Services Director 939-8489

Kelly McDonald
 Management Analyst II 939-8494

Mike Cresap
 Recreation Supervisor 939-8853

Susie Perez
 Community Services Supervisor Senior Services 939-8864

Heather Sayers
 Community Services Coordinator Daycares, Special Events 939-8440

Priscilla Perez
 Community Services Coordinator Cameron Park Community Center 939-8856

John Caropino
 Community Services Coordinator Shadow Oak Community Center 965-0328

Marie Shore
 Administrative Assistant 939-8855

WEST COVINA PARKS & REC



CLASS REGISTRATION

In Person

Walk into one of the the city's community centers during office hours and staff will be glad to help you register for classes.

Cameron Park Community Center p. 8
1305 East Cameron Ave

Shadow Oak Community Center p. 12
2121 Shadow Oak Dr.

Cortez Senior Center p. 16
2501 East Cortez St.

Online

At www.westcovina.org and follow the steps below.

The City of West Covina Community Services Department wants to introduce our new recreation registration software, DASH. With this new software you will be able to register for classes, events, and programs as well as sign waivers and pay fees. To Sign Up please follow the Steps Below.

Step 1:

Go to www.westcovina.org

Step 2:

Click on the Parks & Recreation tab.

Step 3:

Scroll down to the "Recreation Services" section and Click where it says

Click here to register for West Covina DASH.

Step 4:

Create a login or sign in with user name and password.

If you need any assistance with the new system please call the Cameron Park Community Center at (626) 919-6966 or the Shadow Oak Community Center at (626) 965-0328.

WEST COVINA YOUTH COUNCIL

The West Covina Youth Council strives to enhance the quality of programs and services offered to youth in the community by establishing and enhancing recreation activities, social services, and improving the mental and physical well-being of youth in our community.

West Covina residents attending high school and junior high are welcome to join. You can become a member by completing a member waiver form and attending monthly meetings.

The Youth Council meets on the last Tuesday of the month at 4:30p.m., at West Covina City Hall, 1st Floor, Community Room.



Contact us

Email

WCyouth.council@westcovina.org

Website

Download the Youth Council Waiver Form at <http://www.westcovina.org/kids/yc/default.asp>

West Covina Community Services Department

626.939.8430

Address

City Hall (Open Mon-Thurs, 8am-5:30pm)
1444 West Garvey Avenue South
West Covina, CA 91790

Advisor

Heather Sayers
626.939.8440
Heather.Sayers@westcovina.org



UPCOMING COMMUNITY EVENTS

JUNE

Summer Lunch

Cameron Park

1305 E. Cameron Ave

Monday- Friday, June 13 - August 12

11:45 a.m. - 12:45 p.m.

West Covina's Summer lunch program is available to all participants under the age of 18. Food is pre-ordered and served on a first-come, first-served basis.

For more information, please contact the Cameron Park Community Center at (626) 919-6966.

"In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer." All children are served the same meals regardless of race, color, national origin, sex, age, or disability as mandated in 7 CFR §225.7(g). Children with special needs receive foods as required per medical disability.

FREE

Summer Movies in the Park (Tuesday Nights)

7:00 p.m. - 10:00 p.m.

Summer is here again and the Community Services Department wants to invite the community to come out and watch big movie blockbusters under the stars. Bring lawn chairs, blankets, and snacks. Popcorn will be made available. Check below for movie titles and locations. Movies start when the sun goes down.

West Covina Civic Center Courtyard

1444 West Garvey Ave., South

June 14 - Minions Movie

June 21- Max

June 28 - Star Wars: the Force Awakens

July 5 - No movie being shown.

July 12 - Goosebumps

Shadow Oak Park

2121 Shadow Oak Drive

July 19 - Inside Out

July 26 - Zootopia



JULY

26th Annual Independence Day Celebration

Edgewood School

1625 W. Durness Street

Monday, July 4, 2016, 3:00 p.m. - 11:00 p.m.

Ready, Set, Fireworks! The City of West Covina will be hosting its 26th Annual Independence Day Celebration on Monday, July 4th. Join us for food, rides, entertainment, and a fireworks show. Admission to the carnival and show will begin at 3:00 p.m. The Swing Cats Big Band will be playing all genres of music beginning at 6:00 p.m. and up until the countdown for fireworks at 9:00 p.m. At 9:00 p.m. the fireworks show presented by Athens Services will begin. The carnival and vendors will be selling until 11:00p.m. so come out and join in on the family friendly fun.

2016 Summer Concert Series (Thursday Nights)

1444 West Garvey Ave. South

West Covina Civic Center Courtyard

6:00 p.m. - 9:00 p.m.

The Greater West Covina Business Association (GWC) is once again proud to present The Summer Concert series. Come and bring your picnic blankets and lawn chairs and enjoy the music. Food will be available for purchase. Check below for the concert series lineup.

July 7 - David Lorango Country Music

July 14- Sgt. Pepper

July 21- OPA, OPA

July 28- The Mariachi Divas

August 4- Cold Duck

August 11- Stone Soul

August 18- Tribute to Santana

AUGUST

Food Truck Fun

City Civic Center

1444 West Garvey Ave., South

Thursday, August 18, 2016

Bringing community together through bacon and music, but mostly bacon, with musical guest Tribute to Santana. Multiple food trucks and live music. You just can't go wrong with a night out at the civic center! Part of the GWC's summer concert series.

VOLUNTEER OPPORTUNITIES

Become a Volunteer!!!

There are various opportunities for volunteer service, inquire with each group to find out more information. Senior Center p.16, Youth Council p. 3, Galster Park Nature Center p. 24, Adopt-a-Park Program p. 5.

SEPTEMBER

West Covina Day at the Fair
Los Angeles County Fairgrounds
Thursday, September 15, 2016

OCTOBER

Pumpkin 5k Run/Walk and 1k Fun & Health Fair
Cortez Senior Center
2501 East Cortez St.

Saturday, October 8, 2016, 6:30 a.m. - 10:00 a.m.
 Join in on the fun and activities for the entire family. The Cortez Senior Center will be holding a Health Fair with activities and vendors for the whole family. For more information about the health fair please contact the Cortez Senior Center at (626)331-5366.

To register for the Run or for more information please call (626) 430-7588 ext. 700 or email info@westcovina5k.com

Dog Spooktacular

Central Bark Dog Park
1500 W. Rowland Avenue

Saturday, October 29, 2016 2:00 p.m. - 4:00 p.m.
 Bring your dog, dressed in his/her best Halloween costume on Saturday, October 29, 2016 from 2:00 p.m. to 4:00 p.m. at Central Bark Dog Park located at Del Norte Park. This free event will include a pet costume contest with prizes, pet giveaways, and vendors from local pet stores. Registration for the pet costume contest will be on site, with the contest beginning at 3:00 p.m.

Ghoster Park Spooky Trail

Galster Park
1620 Aroma Drive

Saturday, October 29, 2016 7:00 p.m. - 9:00 p.m.
 The City of West Covina invites you to enjoy a FREE night of ghosts, goblins, tricks and treats, and costumes on Saturday, October 29, 2016 from 7:00 p.m. - 9:00 p.m., at Galster Park Nature Center. Come dressed to scare and go on a "spooky hike" and participate in our costume contest. Prizes will be awarded for categories such as "scariest" or "funniest".

NOVEMBER

Veterans Day Ceremony
West Covina Civic Center Courtyard
1444 West Garvey Ave., South
Friday, November 11, 2016

Join The City of West Covina as we honor those who serve and those who have served in the United States military on Friday, November 11, 2016 beginning at 1:00 p.m. at the Civic Center Courtyard.

****Photos may be taken at public events and may be used to promote and market the City of West Covina. Please notify the photographer during the event if you prefer not to be photographed.****

DECEMBER

Tree Lighting Ceremony
Plaza West Covina
Wednesday, December 7, 2016

Holiday Drop-Off

1305 E. Cameron Avenue
Friday, December 16, 2016, 6:00 p.m. - 10:00 p.m.
 Need an evening to yourself? Drop your kids off at Cameron Community Center. The night will include arts & crafts, letters to Santa and cookie decorating. For more information, please call (626) 919-6966.
Cost: \$5 **Ages: 4 and up**

Breakfast with Santa

1305 E. Cameron Avenue
Saturday, December 17, 2016
 During the Holiday Season there is a pancake breakfast with that joyful old man who brings presents once every year! Cameron Community Center located at 1305 East Cameron Avenue, will host it's Annual Breakfast with Santa on Saturday, December 17, at 9:00 a.m. Bring the kids for breakfast, crafts, and pictures with Kris Kringle himself.

City of West Covina Adopt-A-Park Program

The West Covina Adopt-A-Park program is a cooperative venture that celebrates community spirit and fosters civic responsibility. The program is designed to enhance the condition and beauty of our City parks through the volunteerism of individuals, community organizations, and businesses. Groups that adopt a park make a difference by picking up trash, cleaning play areas, painting picnic shelters, and more. Groups that adopt a park for six months or longer will be eligible to receive special recognition as a member of the Adopt-A-Park Program.

**Contact the Community Services Department
 at (626) 939-8430 for more information.**

The City of West Covina is Seeking Enthusiastic Class Instructors

Do you have a particular talent, skill or hobby that you might like to share with the West Covina community? The Community Services Department is on the lookout for talented, motivated instructors for special interests, dance, arts, sports and more. If you're interested, please call Mike Cresap, at (626) 919-8853 for more information.



LICENSED PRE-SCHOOL

Palm View Pre-School

**1340 E. Puente Ave.
(626) 339-4314**

Palm View Center is recognized as a state licensed pre-school. Pre-School programming is offered Monday thru Friday 6:30 a.m. to 6:00 p.m. at Palm View Center located at 1340 E. Puente Ave. For fees or additional information, please call (626) 339-4314.

Applications are accepted for 3-5 year olds. The pre-school is designed to enrich the child's learning capacity and provide a steppingstone to better prepare their entry into the exciting world of education. We provide a safe nurturing environment designed to promote physical, emotional, and social well-being. Children in our care will develop a positive concept of themselves as worthwhile individuals and as able learners. Program content will include educational learning such as numbers, colors, and alphabet in addition to group activities, arts, crafts, and snack time.
License #198016526.

Pre-School Fees

Full Time \$125.00 per week
(20 hours or more) \$36.00 per day
Part Time \$110.00 per week
(less than 20 hours) \$26.00 per day

*An annual \$20 registration fee is applied to each participant.



LICENSED CHILD CARE

During the school year, the City of West Covina offers day care for participants in Kindergarten thru 5th grade at three school site locations: Vine School, Wescove School, and Orangewood School. These three licensed day cares provide an opportunity for students to work on homework as well as have recreational activities. All three sites offer morning care and afternoon care. The hours of operation are Monday thru Friday, 6:30 a.m. to 6:00 p.m.; sites close while students are in school. For more program information or to register your child please contact the appropriate program site located at the bottom of this page.

Grades K thru Five*

Morning Care	\$30 • Week \$7 • Day
Afternoon Care	\$70 • Week \$21 • Day
Full Day Care	\$86 • Week \$24 • Day

**Rates for Winter & Spring
\$93 • Week \$26 • Day**

*An annual \$20 day care registration fee is applied to each participant.

SUMMER DAY CAMP

During the summer, the City of West Covina provides care at three locations: Vine Day Care, Wescove Day Care, and Orangewood Day Care. Participants enjoy planned recreational activities on site and have the opportunity to go swimming, go to the movies, and other field trips on Fridays. Additional fees may apply to some activities or trips. The hours of operation are Monday thru Friday, 6:30 a.m. to 6:00 p.m., excluding City observed Holidays. Summer programming begins Thursday, May 26th and will run through Friday, August 12th. For more program information or to register your child please contact the appropriate program site below:

Rates for Summer*

\$93 • Week \$26 • Day

*An annual \$20 day care registration fee is applied to each participant.

Child Care & Summer Day Camp Locations

Vine School

1901 East Vine
(626) 919-7807
License #: 191500892

Wescove School

1010 West Vine
(626) 960-8890
License #: 191500898

Orangewood School

1440 South Orange
(626) 337-2865
License #: 198005370

SWIMMING LESSONS

1720 West Merced Ave (626) 960-7266 or (626) 919-6966

Holiday Pool Closures: Memorial Day 5/30 & Independence Day 7/4

Morning Swim Lessons

Swimming Lessons are 9:00 a.m., 9:30 a.m., 10:00 a.m., 10:30 a.m., 11:00 a.m., 11:30 a.m., 12:00 p.m.. **Registration for morning lessons is taken 8:00 a.m.-11:30 a.m. the Wednesday and Thursday prior to the start of each session.** Registration is only taken at the municipal pool. Registration is limited and on a first-come first-serve basis. The cost per session is \$33 per participant.

Registration is from 8:00 a.m.-11:30 a.m.

Evening Swim Lessons

Swimming Lessons are 4:00 p.m., 4:30 p.m., 5:00 p.m., 5:30 p.m., *6:00 p.m., *6:30 p.m., *7:00 p.m., *7:30 p.m.. **Registration for evening lessons is taken 4:00 p.m.-7:30 p.m. the Wednesday and Thursday prior to the start of each session.** Registration is only taken at the municipal pool. Registration is limited and on a first-come first-serve basis. The cost per session is \$33 per participant. ***Classes start at 6:00 p.m. for sessions I, VII, and VIII.**

Registration is from 4:00 p.m.- 7:30 p.m.



	<u>Session Dates</u>	<u>Registration Dates</u>
*I	5/16-5/26	5/11-5/12
II	5/31-6/9	5/25-5/26
III	6/13-6/23	6/8-6/9
IV	6/27-7/7	6/22-6/23
V	7/11-7/21	7/6-7/7
VI	7/25-8/4	7/20-7/21
*VII	8/8-8/18	8/3-8/4
*VIII	8/22-9/1	8/17-8/18

***Classes only after 6:00p.m**

RECREATION SWIMMING

Recreation swim is offered 5/31-8/11
1:00p.m.-3:30p.m. Monday thru Thursday

The Cost is:

17 years of age and younger \$1.50
Adults 18 years and older \$2.50

POOL RENTALS



The pool is available for rent during non-business hours. For availability and fees contact the Cameron Park Community Center at (626) 919-6966.

WAVES SWIM TEAM

The Waves are a recreational swim team that emphasizes sportsmanship and swim technique. Tryouts are required and participants must swim four lengths of the pool showing basic knowledge of the four competitive strokes: front crawl, back crawl, breast stroke, & butterfly.

Practices

Off Season (\$50 per month)
Monday - Wednesday 6:00p.m. - 7:30p.m.

Season: June, July, & August (\$65 per month)
Monday - Thursday 5:00 p.m. - 6:30 p.m. 12& Under
6:30 p.m. - 8:00 p.m.

Practices are held at the
West Covina Municipal Pool
1720 West Merced Ave., West Covina, CA

Contact Us

Coaches	Pool Manager
Ryan Cardenas	Desiree Flores
Kathleen "Kathy" Gaytan	desiree.flores@westcovina.org
Elizabeth "Liz" Cruz	
westcovinawaves@gmail.com	

CAMERON PARK COMMUNITY CENTER

1305 East Cameron Ave
(626) 919-6966

Mon-Fri: 8 a.m. - 9 p.m.
Sat: 9 a.m. - 8 p.m.
Sun: 10 a.m. - 6 p.m.

*Facility hours subject to change or closure for maintenance.

Facility Closures

7/4 - 4th of July
9/5 - Labor Day
11/24 - Thanksgiving
11/25 - Thanksgiving
12/24 - Christmas Eve
12/25 - Christmas
12/31 - New Years Eve
1/1/17 - New Year's Day



GAME ROOM

The Game Room is available for use on a drop-in basis and includes lounge furniture, pool tables, ping-pong tables, arcade games, and a 52" high definition flat screen TV. Children under 12 years of age must be accompanied by an adult. The Game Room is also available for private party rentals.



OPEN GYM BASKETBALL

Open gym is available for both youth and adults. Youth open play is free and adult open play \$1.00 per participant Monday - Friday and \$2.00 Saturday and Sunday.*

Adult Open Play:

Monday - Friday 8:00 a.m. - 2:30 p.m.

Youth Open Play:

Monday - Friday 2:30 p.m. - 5:30 p.m.

*Open gym time is subject to change without notice. Please call (626) 919-6966 for specific days and times of availability.

Cameron Community Center offers a variety of recreation activities for youth, teens, and adults. All participants under the age of 18 must have a waiver/emergency card on file. Any child under the age of 12 must have an adult guardian in attendance.

Cameron Community Center offers a variety of recreation activities for youth, teens, and adults.

GYMNASTICS

For more information, please call the Cameron Park Community Center at (626) 919-6966.



The Mission of Rips & Ties is to educate and provide a quality gymnastics program for our youth in a safe and fun environment with skilled and experienced professional coaches. We believe that developing an athlete's strength, agility and flexibility will enhance their self-confidence, self-esteem, discipline and personal character.

(No Class 7/4, 9/5, 10/31, 12/24, 12/31.)

Parent & Tot (2-3 years)

Our toddler classes are for boys and girls. We focus on early development and motor skills with an emphasis on movement, coordination, balance and flexibility. This program provides an opportunity for children to discover the wonderful world of gymnastics with the comfort of having mom, dad, or an adult in attendance.

Class schedule subject to change

Saturday

9:00a.m.-9:45a.m.

Kindergym (4-6 years)

Kindergym classes are for boys and girls. We focus on individual skills and progressions that help build strength, coordination, balance and flexibility. No gymnastics experience is required. Students are introduced to all events and equipment. This class will work on running, jumping, balancing, rolling, gymnastics vocabulary, positions and skills.

Class schedule subject to change

Monday

4:30 p.m. - 5:15 p.m.

5:30 p.m. - 6:15 p.m.

Wednesday

4:30 p.m. - 5:15 p.m.

5:30p.m. - 6:15p.m.

Saturday

9:00 a.m. - 9:45 a.m.

10:00 a.m. - 10:45 a.m.



Beginners 1 (7+years)

These recreational gymnastics classes are for both boys and girls. Classes are based on progressive skill development and core physical improvement. No gymnastics experience is required. Students are introduced to all events and equipment. RTG teaches classes with a progression method that allows each child to develop skills at their own pace and in a non-competitive environment.

Class schedule subject to change

Monday

4:30 p.m. - 5:30 p.m.

5:30 p.m. - 6:30 p.m.

6:30 p.m. - 7:30 p.m.

Wednesday

4:30 p.m. - 5:30 p.m.

5:30 p.m. - 6:30 p.m.

6:30 p.m. - 7:30 p.m.

Saturday

9:00 a.m. - 10:00 a.m.

10:00 a.m. - 11:00 a.m.

11:00 a.m. - 12:00 p.m.

Intermediate/Advanced/PreTeam (Invitation only)

This class is for students that have refined most of their gymnastics skills & routines and are ready for competitive gymnastics. At this level, self-discipline and internal motivation become emerging benefits for the athlete. Gymnasts are invited to participate in our PreTeam training based on their natural physical abilities as well as their eagerness to learn and perfect skills.

Class schedule subject to change

Intermediate

(Must enroll minimum 2 days a week.)

Monday

4:30 p.m. - 5:30 p.m.

5:30 p.m. - 6:30 p.m.

6:30 p.m. - 7:30 p.m.

Wednesday

4:30 p.m. - 5:30 p.m.

5:30 p.m. - 6:30 p.m.

6:30 p.m. - 7:30 p.m.

Saturday

9:00 a.m. - 10:00 a.m.

10:00 a.m. - 11:00 a.m.

11:00 a.m. - 12:00 p.m.

Advanced

(Must enroll minimum 3 days a week.)

Monday

6:30 p.m. - 8:00 p.m.

Wednesday

6:30 p.m. - 8:00 p.m.

Saturday

10:30 a.m. - 12:30 p.m.

Pre Team

(Must enroll minimum 3 days a week.)

Monday

6:15 p.m. - 8:00 p.m.

Wednesday

6:15 p.m. - 8:00 p.m.

Saturday

10:30 a.m. - 12:30 p.m.



Gymnastics Class Fees

Drop In Class \$12.50 per class

(4 Classes) One day per week \$50

(8 Classes) Two days per week \$80
\$20 dollar Discount

**(12 Classes BEST DEAL) Three days per week \$110
\$40 Dollar Discount**

SPORTS CLASSES

KIDZ LOVE SOCCER **NEW!**



Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer in a fun, safe, non-competitive environment. Kidz Love Soccer... "Where the score is always FUN to FUN!™"

KLS class status hotline (888) 372-5803 – receive cancellation notifications automatically on your smart phone with the Kidz Love Soccer mobile app for iPhone and Android

Mommy/Daddy & Me Soccer – (ages 2 – 3.5)

As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action! Each child receives a soccer jersey.

Day	Time	Dates	Fee
Thurs	5:15 p.m. - 5:45 p.m.	7/7-8/18	\$88
Thurs	5:15 p.m. - 5:45 p.m.	9/15-10/27	\$88



Tot/Pre-soccer – (ages 3.5 – 5)

Little tykes will enjoy running and kicking just like the big kids! Children will have fun and learn the basic techniques of the game; all while building self-esteem and learning to follow instructions in a nurturing teaching environment. All participants will receive a Kidz Love Soccer jersey. Shin guards are required after the first meeting.

Day	Time	Dates	Fee
Thurs	4:30 p.m. - 5:05 p.m.	7/7-8/18	\$88
Thurs	4:30 p.m. - 5:05 p.m.	9/15-10/27	\$88



Soccer 1: Techniques & Teamwork – (ages 5 – 6)

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a soccer jersey! Shin guards are required after the first meeting.

Day	Time	Dates	Fee
Thurs	3:45 p.m. - 4:30 p.m.	7/7-8/18	\$88
Thurs	3:45 p.m. - 4:30 p.m.	9/15-10/27	\$88



Soccer 2: Skillz & Scrimmages – (ages 7 – 10)

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game! All participants receive a soccer jersey! Shin guards are required after the first meeting.

Day	Time	Dates	Fee
Thurs	3:00 p.m. - 3:45 p.m.	7/7-8/18	\$88
Thurs	3:00 p.m. - 3:45 p.m.	9/15-10/27	\$88



TriFyft Afternoon Sports Program

All classes take place at the Cameron Community Center

Every athlete will receive an official shirt. All classes are for boys and girls of all skill levels and all classes will focus on fundamentals of each sport. Staff is comprised of current and former college athletes.

Age	Day	Time	Dates	Fee
Soccer/T-Ball				
2-3	Fri	5:30 p.m. - 6:00 p.m.	7/22-8/26	\$75
3-5	Fri	6:00 p.m. - 6:45 p.m.	7/22-8/26	\$75
5-7	Fri	7:00 p.m. - 7:45 p.m.	7/22-8/26	\$75

Live Fyft Basketball league

Live Fyft basketball league is competitive basket ball league.

For more information please call Trifyft (714) 237-0060

PERFORMING ARTS

Baton Twirling

Learn to twirl the baton and perform at parades, exhibitions and more. This class will teach your child coordination skills such as eye-hand, marching and dancing as related to baton twirling. Once a year, there is a special performance at Disneyland and at a Clippers Game.

Instructor: Yolanda Higman.

Age	Day	Time	Dates	Fee
4-10	Thu	3:30 p.m. - 4:00 p.m.	9/8-9/29	\$37
4-10	Thu	3:30 p.m. - 4:00 p.m.	10/6-10/27	\$37
4-10	Thu	3:30 p.m. - 4:00 p.m.	11/3-11/17	\$27.75
11+	Thu	4:00 p.m. - 4:30 p.m.	9/8-9/29	\$37
11+	Thu	4:00 p.m. - 4:30 p.m.	10/6-10/27	\$37
11+	Thu	4:00 p.m. - 4:30p.m.	11/3-11/17	\$27.75

Intermediate Baton (Invite Only)

Age	Day	Time	Dates	Fee
8+	Thu	4:30 p.m. - 5:00 p.m.	9/8-9/29	\$37
8+	Thu	4:30 p.m. - 5:00p.m.	10/6-10/27	\$37
8+	Thu	4:30 p.m. - 5:00 p.m.	11/3-11/17	\$27.75

Belly Dancing



Learn the ancient art of belly dance with instructor/performer, Jessikah! The class focuses on cabaret technique, drills, and is perfect for both beginning and intermediate dancers, to practice combinations and get great exercise, and to put moves together into choreography with props. **(NO CLASS ON 11/26)**

Drop in Class \$10 per day.

Age	Day	Time	Dates	Fee
18+	Sat	10:00 a.m. - 11:00 a.m.	7/16-8/20	\$50
18+	Sat	10:00 a.m. - 11:00 a.m.	9/10-10/15	\$50
18+	Sat	10:00 a.m. - 11:00 a.m.	11/5-12/17	\$50

MARTIAL ARTS

Kenpo Karate

Karate teaches the development of physical and mental health. Students build self-esteem, courtesy, self-discipline, and respect for self and others. Instructor Tim Ruggio.

(NO CLASS ON 11/24)

Day	Time	Dates	Fee
White Belts Only (Beginners)			
T/Th	6:00 p.m. - 6:45 p.m.	7/5-7/28	\$38
T/Th	6:00 p.m. - 6:45 p.m.	8/2-8/30	\$42.75
T/Th	6:00 p.m. - 6:45 p.m.	9/1-9/29	\$42.75
T/Th	6:00 p.m. - 6:45 p.m.	10/4-10/27	\$38
T/Th	6:00 p.m. - 6:45 p.m.	11/1-11/29	\$38
T/Th	6:00 p.m. - 6:45 p.m.	12/1-12/29	\$42.75

Yellow, Orange, Purple Belts (Intermediate)

T/Th	6:45 p.m. - 7:30 p.m.	7/5-7/28	\$38
T/Th	6:45 p.m. - 7:30 p.m.	8/2-8/30	\$42.75
T/Th	6:45 p.m. - 7:30 p.m.	9/1-9/29	\$42.75
T/Th	6:45 p.m. - 7:30 p.m.	10/4-10/27	\$38
T/Th	6:45 p.m. - 7:30 p.m.	11/1-11/29	\$38
T/Th	6:45 p.m. - 7:30 p.m.	12/1-12/29	\$42.75

Green, Brown, Black Belts (Advanced)

T/Th	7:30 p.m. - 8:15 p.m.	7/5-7/28	\$38
T/Th	7:30 p.m. - 8:15 p.m.	8/2-8/30	\$42.75
T/Th	7:30 p.m. - 8:15 p.m.	9/1-9/29	\$42.75
T/Th	7:30 p.m. - 8:15 p.m.	10/4-10/27	\$38
T/Th	7:30 p.m. - 8:15 p.m.	11/1-11/29	\$38
T/Th	7:30 p.m. - 8:15 p.m.	12/1-12/29	\$42.75

Kung Fu San Su

Kung Fu San Su is a highly sophisticated martial arts form that will guide you towards greater self confidence and discipline as you improve your balance, coordination, flexibility, and reactions in your study of Kung Fu San Su, the ancient art of self defense. Instructor: Larry Shelton.

(NO CLASS ON 7/4, 9/5 10/31)

Age	Day	Time	Fee
5+	2 days a week	7:30 p.m. - 9:00 p.m.	\$7.50**
5+	1 day a week	7:30 p.m. - 9:00 p.m.	\$11.25 per class

****Must Sign up for 8 classes for discount****

EXERCISE CLASSES

Aerobics

Enjoy exercising to music and meeting new friends. Burn fat and strengthen your heart and lungs in this all-level, low-impact class. Bring an exercise mat.

Instructor: Pam Romero.

(No Classes 10/31, 11/24)

Age	Day	Time	Fee (per class)
15+	Mon	6:30 p.m. - 7:30 p.m.	\$3.75
15+	Wed	6:30 p.m. - 7:30 p.m.	\$3.75
15+	Register for 8 days and get a \$10 discount!		

ADULT BASKETBALL LEAGUES

For more information, please call the Cameron Park Community Center (626)919-6966

League Registration Procedures

West Covina Adult Basketball League holds three seasons per year with a 3 week registration period prior to each season. We offer three divisions per season to accommodate all skill levels. For more information please call the Cameron Community Center (626) 919-6966 or email us at WestCovinaABL@gmail.com

MEN'S LEAGUE PLAY

Tuesday Evenings

6:00 p.m., 7:00 p.m., 8:00 p.m., & 9:00 p.m.

Registration Information

Registration is accepted on a first come first serve basis at the Cameron Park Community Center.

LEAGUE FEES

\$340 per team

OFFICIAL'S FEES

\$25 per game payable at the court.

***Uniforms are required for league play. This may consist of merely similarly colored T-shirts with numbers on the back and front, however this is the minimum requirement. No exceptions! Reversible jerseys with numbers on both sides are recommended.



Dance 4 Fun 4 Life

Description: With Soul Line Dancing, the combination of Dance & Music can be shared by so many people, not only nationwide, but worldwide.

Using all types of music like: R & B, Soul, Jazz, Blues, Hip-Hop, Reggae, Gospel, Country (and much more), we communicate a zest for life, as well as exercise, educate and entertain.

Schedule: Sundays 5:00 p.m. – 7:00 p.m.

Fee: \$6 per class day

SHADOW OAK COMMUNITY CENTER

2121 East Shadow Oak Drive
(626) 965-0328

Monday-Thursday, 8:00 a.m. - 5:00 p.m.
Fridays, 9:00 a.m. - 2:00 p.m.

Holiday Facility Closures:

7/4 - 4th of July
9/5 - Labor Day
11/24 -11/25 - Thanksgiving
12/24 -1/1/31 - Winter Closure

Weddings • Parties • Family Reunions • Receptions • Quinceaneras



Shadow Oak Park Community Center is an excellent rental location for your next event, but that's not all! This community center offers a variety of classes and programs for youth, teens and adults. For more information please call us at (626) 965-0328

FREE MT. SAC CLASSES OFFERED AT SHADOW OAK

Basic Computing Level 1 New Class Alert!

Designed as an introduction for those who want to gain an understanding of personal computers. While developing basic keyboarding skills, students will become familiar with computer terminology and the Windows environment.

Instructor: Shelby White

Age	Day	Time	Dates
18+	Th	9:00 a.m. - 12:00 p.m.	6/23-7/28

*Call for Fall Session Dates

Basic Computing Level 2 New Class Alert!

Building on the basics developed in Basic Computing level 1, this class will cover fundamentals of computing operations through word processing. This hands-on course will focus on the various ways to create documents in applications such as Microsoft Word. Advisory prerequisite.

Instructor: Heather Smith

Age	Day	Time	Dates
18+	Tue	9:00 a.m. - 12:00 p.m.	6/21-7/26

*Call for Fall Session Dates

Intro to the Internet New Class Alert!

Introduction to the World Wide Web, includes e-mail, research, terminology, and functional capabilities of the Internet.

Instructor: Heather Smith

Age	Day	Time	Dates
18+	W	9:00 a.m. - 12:00 p.m.	6/22-7/27

*Call for Fall Session Dates

Healthy Aging New Class Alert!

Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness theories to maintain health while aging. Instructor: Doug York

Age	Day	Time	Dates
18+	M/W/F	8:00 a.m. - 9:00 a.m.	6/20-7/29

*Call for Fall Session Dates

Healthy Aging Principles of Posture & Flexibility New Class Alert!

Healthy aging, including diet, nutrition, disease prevention, and application of Yoga Principles to maintain health while aging. Instructor: Gabriela Klien

Age	Day	Time	Dates
18+	M/W/F	1:00 p.m. - 2:00 p.m.	6/20-7/29

*Call for Fall Session Dates

Fall Prevention: Balance and Mobility New Class Alert!

Learn to prevent falls through balance, mobility and risk prevention. Instructor: Gabriela Klien

Age	Day	Time	Dates
18+	T/Th	1:00 p.m. - 2:00 p.m.	6/21-7/28

*Call for Fall Session Dates

TINY TOTS

Tiny Tots

Monday - Friday, 9:00 a.m. to 12:00 p.m.

All classes are held at Shadow Oak Community Center. This Tiny Tot program is an activity-oriented class. Children are introduced to colors, shapes, numbers, and the alphabet. Your child will learn while having fun with story time, music, arts & crafts, games, and outdoor play. Child must be potty-trained. Instructor: Bright Stars Academy.

(No Class 7/4, 9/5, 11/24, 11/25)

Age	Day	Time	Fee
2-5	Mon-Fri	9:00 a.m.-12:00 p.m.	\$15 per class

PARENT PARTICIPATION PRE-SCHOOL

Parent Participation Pre-School

Parents will learn children's developmental stages, implement positive discipline, health and nutrition, and parenting skills through classroom activities and discussion. Parents are required to attend with their children. Children participate in structured activities in preparation for future educational experiences. \$10.00 supply fee payable to the instructor. Instructor: Makiko Iwai

(No Class 11/24)

All Classes are 8 sessions

Age	Day	Time	Start Date	Fee
2-5	Mon/Wed	9:30 a.m. - 12 p.m.	Aug. 1st	\$40
2-5	Tue/Thur	9:30 a.m. - 12 p.m.	Aug. 2nd	\$40
2-5	Mon/Wed	9:30 a.m. - 12 p.m.	Sept. 7th	\$40
2-5	Tue/Thur	9:30 a.m. - 12 p.m.	Sept. 6th	\$40
2-5	Mon/Wed	9:30 a.m. - 12 p.m.	Oct. 3rd	\$40
2-5	Tue/Thur	9:30 a.m. - 12 p.m.	Oct. 4th	\$40
2-5	Mon/Wed	9:30 a.m. - 12 p.m.	Oct. 31st	\$40
2-5	Tue/Thur	9:30 a.m. - 12 p.m.	Nov. 1st	\$40
2-5	Mon/Wed	9:30 a.m. - 12 p.m.	Nov. 28th	\$40
2-5	Tue/Thur	9:30 a.m. - 12 p.m.	Nov. 29th	\$40



ENRICHMENT CLASSES

Mini Mathematicians

This Class is designed for students who already know their numbers. Your child will begin to develop fluency in number recognition, addition and subtraction.

Age	Day	Time	Dates	Fee
3-6	Wed	12:30 p.m. - 1:15 p.m.	7/6-7/27	\$40
3-6	Wed	12:30 p.m. - 1:15 p.m.	8/3-8/31	\$50
3-6	Wed	12:30 p.m. - 1:15 p.m.	9/7-9/28	\$40
3-6	Wed	12:30 p.m. - 1:15 p.m.	10/5-10/26	\$40
3-6	Wed	12:30 p.m. - 1:15 p.m.	11/2-11/30	\$50
3-6	Wed	12:30 p.m. - 1:15 p.m.	12/7-12/21	\$30

Lil' Reader

This class is designed for students who already know their letters and sounds, and are beginning to blend letters together to read. Your child will begin to develop fluency and reading comprehension through the use of songs, nursery rhymes, mini books, poems, shared reading, read aloud and story sequencing. We will also incorporate phonemic awareness, phonics, sight words and word recognition. **(No Class 11/24)**

Age	Day	Time	Dates	Fee
3-6	Thu	12:30 p.m. - 1:15 p.m.	7/7-7/28	\$40
3-6	Thu	12:30 p.m. - 1:15 p.m.	8/4-8/25	\$40
3-6	Thu	12:30 p.m. - 1:15 p.m.	9/1-9/29	\$50
3-6	Thu	12:30 p.m. - 1:15 p.m.	10/6-10/27	\$40
3-6	Thu	12:30 p.m. - 1:15 p.m.	11/3-11/17	\$30
3-6	Thu	12:30 p.m. - 1:15 p.m.	12/1-12/22	\$40

Summer Reading and Math Camp

K-8th Grade

Improve your child's reading and math skills in week long enrichment camps. Instructor: Bright Stars Academy.

Age	Time	Dates	Fee
5-12	12:15 p.m. - 3:15 p.m.	6/6-6/9	\$75
5-12	12:15 p.m. - 3:15 p.m.	6/13-6/17	\$75
5-12	12:15 p.m. - 3:15 p.m.	6/20-6/23	\$75
5-12	12:15 p.m. - 3:15 p.m.	6/27-6/30	\$75
5-12	9:00 a.m. - 12 p.m.	7/5-7/8	\$75
5-12	9:00 a.m. - 12 p.m.	7/11-7/14	\$75
5-12	9:00 a.m. - 12 p.m.	7/18-7/21	\$75
5-12	9:00 a.m. - 12 p.m.	7/25-7/28	\$75



EXERCISE CLASSES

Stretch & Move

If you wake up stiff, sit at your job all day, and/or feel tense by the time evening comes around then join us! In 45 minutes you will learn proper breathing to perform stretching exercises and relaxation techniques. This class will help improve flexibility and help relieve stress. Instructor: Mary Tavizon **(NO CLASS ON 7/4, 9/5)**

Age	Day	Time	Dates	Fee
15+	Mon	6:15 p.m. - 7:00 p.m.	7/11-7/25	\$9
15+	Mon	6:15 p.m. - 7:00 p.m.	8/1-8/29	\$15
15+	Mon	6:15 p.m. - 7:00 p.m.	9/12-9/26	\$9
15+	Mon	6:15 p.m. - 7:00 p.m.	10/3-10/31	\$15
15+	Mon	6:15 p.m. - 7:00 p.m.	11/7-11/28	\$12
15+	Mon	6:15 p.m. - 7:00 p.m.	12/5-12/19	\$9

Aerobics Fitness Class

Get a great cardiovascular workout up to four times per week! Register for one, or any combination of the four classes offered below. Instructor: Mary Tavizon.

Age	Day	Time	Dates	Fee
15+	Tue	5:45 p.m. - 6:30 p.m.	7/5-7/26	\$12
15+	Tue	5:45 p.m. - 6:30 p.m.	8/2-8/30	\$15
15+	Tue	5:45 p.m. - 6:30 p.m.	9/6-9/27	\$12
15+	Tue	5:45 p.m. - 6:30 p.m.	10/4-10/25	\$12
15+	Tue	5:45 p.m. - 6:30 p.m.	11/1-11/29	\$15
15+	Tue	5:45 p.m. - 6:30 p.m.	12/6-12/20	\$9

Zumba

Get a great cardiovascular workout up to four times per week! Register for one, or any combination of the four classes offered below. Instructor: Mary Tavizon. **(NO CLASS ON 11/24)**

Age	Day	Time	Dates	Fee
15+	Thurs	6:00 p.m. - 6:45 p.m.	7/7-7/28	\$12
15+	Thurs	6:00 p.m. - 6:45 p.m.	8/4-8/25	\$12
15+	Thurs	6:00 p.m. - 6:45 p.m.	9/4-9/25	\$12
15+	Thurs	6:00 p.m. - 6:45 p.m.	10/6-10/27	\$12
15+	Thurs	6:00 p.m. - 6:45 p.m.	11/3-11/17	\$9
15+	Thurs	6:00 p.m. - 6:45 p.m.	12/1-12/22	\$12



PERFORMING ARTS

Beginning Piano/Keyboard

This class will introduce your child to the wonderful world of music through sight sound and touch. Students will use a variety of methods to learn notes, songs, rhythms, and musical terminology. Your child will have an enjoyable experience with a dedicated teacher who is committed to bringing out the creative talent in every child. Children will work in small groups to make learning fun experience and to integrate musical activities that teach the fundamentals of piano.

Age	Day	Time	Dates	Fee
5+	Wed	4:15 p.m. - 5:00 p.m.	7/6-7/27	\$55
5+	Wed	4:15 p.m. - 5:00 p.m.	8/3-8/31	\$68.75
5+	Wed	4:15 p.m. - 5:00 p.m.	9/7-9/28	\$55
5+	Wed	4:15 p.m. - 5:00 p.m.	10/5-10/26	\$55
5+	Wed	4:15 p.m. - 5:00 p.m.	11/2-11/30	\$68.75
5+	Wed	4:15 p.m. - 5:00 p.m.	12/7-12/21	\$41.25

Music & Movement Gymnastics



Children will learn the basic fundamentals of gymnastics including basic stretches, beam, and bar exercises as well as gain flexibility, coordination, self-esteem and the basic fundamentals of dance and movement, including routines. Instructor: Bright Stars Academy. **(NO CLASS ON 7/4, 7/11, 7/16, 9/5, 12/24, 12/25)**

Age	Day	Time	Dates	Fee
3+	Sat	10:45 a.m. - 11:25 a.m.	7/2-7/30	\$40
2+	Mon	12:20 p.m. - 1:00 p.m.	7/11-7/25	\$30
3+	Sat	10:45 a.m. - 11:25 a.m.	8/6-8/27	\$40
2+	Mon	12:20 p.m. - 1:00 p.m.	8/1-8/29	\$50
3+	Sat	10:45 a.m. - 11:25 a.m.	9/3-9/24	\$40
2+	Mon	12:20 p.m. - 1:00 p.m.	9/12-9/26	\$30
3+	Sat	10:45 a.m. - 11:25 a.m.	10/1-10/29	\$50
2+	Mon	12:20 p.m. - 1:00 p.m.	10/3-10/31	\$50
3+	Sat	10:45 a.m. - 11:25 a.m.	11/5-11/26	\$40
2+	Mon	12:20 p.m. - 1:00 p.m.	11/7-7/28	\$40
3+	Sat	10:45 a.m. - 11:25 a.m.	12/3-12/17	\$30
2+	Mon	12:20 p.m. - 1:00 p.m.	12/5-12/19	\$30

PERFORMING ARTS

MARTIAL ARTS

Baby Ballet, Tap & Jazz

Three dance favorites are combined into one enjoyable class. Gain flexibility, coordination, self-esteem and the basic fundamentals of dance. Routines incorporate basic ballet, tap, and jazz. Instructor: Bright Stars Academy. **(NO CLASS ON 7/16, 12/24, 12/25)**

Age	Day	Time	Dates	Fee
3-5	Tue	12:15 p.m. - 1:00 p.m.	7/5-7/26	\$40
3-5	Sat	10:20 a.m. - 11:00 a.m.	7/2-7/30	\$40
3-5	Tue	12:15 p.m. - 1:00 p.m.	8/2-8/30	\$50
3-5	Sat	10:20 a.m. - 11:00 a.m.	8/6-8/27	\$40
3-5	Tue	12:15 p.m. - 1:00 p.m.	9/6-9/27	\$40
3-5	Sat	10:20 a.m. - 11:00 a.m.	9/3-9/24	\$40
3-5	Tue	12:15 p.m. - 1:00 p.m.	10/4-10/25	\$40
3-5	Sat	10:20 a.m. - 11:00a.m.	10/1-10/29	\$50
3-5	Tue	12:15 p.m. - 1:00 p.m.	11/1-11/29	\$50
3-5	Sat	10:20 a.m. - 11:00a.m.	11/5-11/26	\$40
3-5	Tue	12:15 p.m. - 1:00 p.m.	12/6-12/20	\$30
3-5	Sat	10:20 a.m. - 11:00 a.m.	12/3-12/17	\$30

Ballet, Tap & Jazz

Three dance favorites are combined into one enjoyable class. Gain flexibility, coordination, self-esteem and the basic fundamentals of dance. Routines incorporate basic ballet, tap, and jazz. Instructor: Bright Stars Academy. **(NO CLASS ON 7/16, 12/24, 12/25)**

Age	Day	Time	Dates	Fee
5+	Sat	11:00 a.m. - 11:45 a.m.	7/2-7/30	\$40
5+	Wed	3:30 p.m. - 4:15 p.m.	7/6-7/27	\$40
5+	Sat	11:00 a.m. - 11:45a.m.	8/6-8/27	\$40
5+	Wed	3:30 p.m. - 4:15 p.m.	8/3-8/31	\$50
5+	Sat	11:00 a.m. - 11:45 a.m.	9/3-9/24	\$40
5+	Wed	3:30 p.m. - 4:15 p.m.	9/7-9/28	\$40
5+	Sat	11:00 a.m. - 11:45 a.m.	10/1-10/29	\$50
5+	Wed	3:30 p.m. - 4:15 p.m.	10/5-10/26	\$40
5+	Sat	11:00 a.m. - 11:45 a.m.	11/5-11/26	\$40
5+	Wed	3:30 p.m. - 4:15 p.m.	11/2-11/30	\$50
5+	Sat	11:00 a.m. - 11:45 a.m.	12/3-12/17	\$30
5+	Wed	3:30 p.m. - 4:15 p.m.	12/7-12/21	\$30

Cheer Camp



This camp is designed for the aspiring young athlete who wants to develop cheer skills in an exciting, creative and fun atmosphere. Campers will learn individual cheer skills, basic tumbling, partner stunts, spirit dance and, most importantly, teamwork.

Age	Time	Dates	Fee
4-13	9 a.m. - 12 p.m.	6/6-6/9	\$75
4-13	9 a.m. - 12 p.m.	6/13-6/17	\$75
4-13	9 a.m. - 12 p.m.	6/20-6/23	\$75

Kenpo Karate

Karate teaches the development of physical and mental health. Students build self-esteem, courtesy, self-discipline, and respect for self and others. *For asterisk classes you must be an adult student or have approval by instructor Tim Ruggio.

(NO CLASS ON 7/4, 9/5, 10/31)

Day	Time	Dates	Fee
White Belts Only (Beginners)			
M/W	6:00 p.m. - 6:45 p.m.	7/5-7/28	\$38
M/W	6:00 p.m. - 6:45 p.m.	8/2-8/30	\$42.75
M/W	6:00 p.m. - 6:45 p.m.	9/1-9/29	\$42.75
M/W	6:00 p.m. - 6:45 p.m.	10/4-10/27	\$38
M/W	6:00 p.m. - 7:00 p.m.	11/1-11/29	\$38
M/W	6:00 p.m. - 7:00 p.m.	12/1-12/29	\$42.75
Yellow, Orange, Purple Belts (Intermediate)			
M/W	6:45 p.m. - 7:30 p.m.	7/5-7/28	\$38
M/W	6:45 p.m. - 7:30 p.m.	8/2-8/30	\$42.75
M/W	6:45 p.m. - 7:30 p.m.	9/1-9/29	\$42.75
M/W	6:45 p.m. - 7:30 p.m.	10/4-10/27	\$38
M/W	6:45 p.m. - 7:30 p.m.	11/1-11/29	\$38
M/W	6:45 p.m. - 7:30p.m.	12/1-12/29	\$42.75
Green, Brown, Black Belts (Advanced)			
M/W	7:30 p.m. - 8:15 p.m.	7/5-7/28	\$38
M/W	7:30 p.m. - 8:15 p.m.	8/2-8/30	\$42.75
M/W	7:30 p.m. - 8:15 p.m.	9/1-9/29	\$42.75
M/W	7:30 p.m. - 8:15 p.m.	10/4-10/27	\$38
M/W	7:30 p.m. - 8:15 p.m.	11/1-11/29	\$38
M/W	7:30 p.m. - 8:15 p.m.	12/1-12/29	\$42.75



CORTEZ SENIOR CENTER

2501 East Cortez St., West Covina, CA 91791 (626) 331-5366



Hours of Operation

Monday - Friday

9:00 a.m. - 4:00 p.m.

Adult Weeknight & Weekend classes offered at the Senior Center. See pp. 18-21 for information.

Enriching lives through health, wellness, volunteer-ism and socialization



Newsletter -The Voice

Come and pick up a copy of our bi-monthly newsletter "The Voice" at the Senior Center! The Voice contains up to date information on travel excursions, lunch menus, recreation, senior services and more. See the front desk receptionist at the Senior Center for details.



Holiday Facility Closures:

7/4 - 4th of July

9/5 - Labor Day

11/24 -11/25 - Thanksgiving

12/24 - Christmas Eve

12/25 - Christmas

12/31 - New Years Eve

1/1/17 - New Year's Day

**The Center will be open from 9:00 a.m. - 1:00 p.m. December 19-30, 2016*

VOLUNTEER

To help sustain and expand our programs throughout the center, we are constantly looking for new volunteers who are willing and able to help serve meals to seniors and to assist with other activities throughout the facility. If you are interested in volunteering, please contact the center at (626) 331-5366.

SPONSORSHIP/DONATION

- Become an event sponsor! Don't miss the opportunity to promote your business. The Senior Services Division is always looking for ways to enhance their programs at the Senior Center and need your support to make it happen. For more information, please contact us at (626) 331-5366.

SERVICES

Congregate Meal Program

Enjoy our award winning lunch program with your friends. Tickets are sold on a first-come first-served basis beginning at 9:00 a.m. All seniors attending the meal program for the first time are required to complete an intake form.

Suggested \$2.00 Donation for seniors 60+ years

Non-Senior Disabled \$3.00

Non-Senior \$4.00

Monday - Friday | 11:30 a.m. - 12:00 p.m.

YWCA Case Management

Case Management Services are provided by YWCA Intervale Senior Services. This program is oriented to assist seniors who have problems which are preventing them from living independently or from receiving needed services. By appointment only.

West Covina Library Service

Save a trip to the West Covina Library and check out a book at the Senior Center! Rentals are picked up weekly in the library drop box located at the center. Requests can be made through the West Covina Librarian on Thursdays in the Main Hall.

Thursday | 10:30 a.m. - 12:30 p.m.

West Covina Dial-A-Ride

1-800-425-5777

West Covina Dial-A-Ride offers transportation to residents 55 years of age and older. Residents under the age of 55 who have a physician-certified disability are eligible. Fill out your application here at the Senior Center or at the Community Services Department at City Hall. Valid identification required.

Computer Lab

The Open Computer Lab is open to adults 50+ years of age. Come in and check your email or surf the web! Printer available, user must provide own paper.

Monday - Friday 9 a.m. - 4 p.m.

AARP Driver Safety Course

The AARP Driver Safety Course is designed especially for driver's ages 50 and older. By taking a driver safety course you'll learn the current rules of the road, defensive driving techniques and how to operate your vehicle more safely in today's increasingly challenging driving environment.

Wednesday, June 13th 11 a.m. - 4 p.m.

\$15 AARP Members

\$20 non-members

Fee payable to instructor on first day of class.

Legal Assurance Program

Seniors who have legal concerns can speak with an attorney at no charge. Please call the Senior Center to schedule an appointment.

Services provided by Kevin Stapleton.

Senior Center Big Band Dance

Join your friends at the West Covina Senior Center on the first Thursday of every month. Enjoy wonderful live band performances and dance the night away or just enjoy the music.

Performance by - *The Big Wednesday Band*

Cost • \$6/person, includes refreshments

Time • 7:30 p.m. - 10:00 p.m.

Location • 2501 E. Cortez St

NEW! Braille Institute Mobile Unit Solutions

Low Vision Screenings

Location: West Covina Senior Center Parking Lot

Appointments must be made directly with the Braille Institute by calling (323) 663-1111 ext. 1242

FREE

NEW! Free Notary

Services provided by Sona E Baghdassarian CaIBRE 01079462 Zamel Real Estate Inc.

Notary services will be provided the 3rd Wednesday of each month at 10:00 a.m. by appointment only. Must be age 50 and older and only one page document notarized per person. Make an appointment at the Senior Center or call the at (626) 331-5366.

Immediate Needs Transportation Program

Coupons are provided by the International Institute of Los Angeles. Coupons are intended for emergency use only and are available upon request and approval. For more information or for income qualification guidelines, please contact the Senior Center.

Bring the following:

- Valid California ID
- Proof of income
- Proof of residency (utility bill, etc.)

Presentation: HOUSING RIGHTS CENTER WORKSHOP

Presented by: Yazmin Guzman, Housing Rights Center

Learn about and discuss the top 7 landlord/tenant related questions received by the Housing Rights Center including security deposits, rent increases, evictions, fair housing and housing discrimination. The fair housing portion of the presentation includes information regarding housing for those with disabilities, and how to make reasonable accommodation requests for things like service animals, caregivers, etc. To RSVP please contact the Senior Center at (626) 331-5366.

DATE: Wednesday, June 29

TIME: 9:30 a.m. - 11:30 a.m.

EXCURSIONS

Excursion Registration Information

Preregistration is required for all excursions. To register or for more information, call the Senior Center or visit the City website at www.westcovina.org. Deluxe motor coaches and professional drivers are used on all trips.

1. All trips leave from the West Covina Senior Center, 2501 E. Cortez St.
2. Registration is accepted in person or online with our registration program DASH.
3. Full payment must be made at the time of registration.
4. If all seats are sold, a waiting list will be established.
5. Trips are subject to change without notice.
6. Trips may be canceled due to low registration.
7. Participants must be at least 21 years of age and older for casino trips (Bring Valid ID).
8. Trips go rain or shine.
9. Special mobility accommodations must be requested 30 days prior to an excursion.
10. A credit will be provided only if the customer cancels prior to credit deadline date. **NO REFUNDS!**

Pechanga Casino

Choose from over 3,800 state-of-the-art reels, video reels, keno and video poker machines on Pechanga's expansive casino floor. Our easy-to-use ticketing system combined with the convenience of redemption, change & ATM kiosks makes cashing out or getting change fast & easy.

DATE: Thursday, July 14, 2016
 TIME: 8:00 a.m. - 4:30 p.m.
 FEE: \$15

CREDIT DEADLINE: Friday, June 10, 2016

Pageant of the Masters and Festival of Arts

The Festival of Arts includes a variety of media, such as paintings, photography, sculpture, jewelry and much more! Dine there or bring your own picnic basket to enjoy. Next, head over to see "Partners". The Pageant of the Masters is the Festival crowning jewel and arguably one of the world's most unique productions! Moderate/extensive sitting and walking.

DATE: Thursday, July 21, 2016
 TIME: 2:00 p.m. - 10:30 p.m.
 FEE: \$55

CREDIT DEADLINE: Friday, June 10, 2016

Harrah's Resort & Casino

Get more of the sights, sounds and sizzle of Vegas-style action at Harrah's Resort Southern California! You can play all of your favorite games, including 1,700 hot slots, and more than 59 exciting table games. (\$5 voucher given upon arrival, subject to change) Moderate sitting and walking.

DATE: Thursday, August 11, 2016
 TIME: 8:00 a.m.-5:30 p.m.
 FEE: \$15

CREDIT DEADLINE: Thursday, July 14, 2016

Nixon Library with Lunch at Downtown Disney

The Richard Nixon Presidential Library and Museum is situated on nine rolling acres encompassing the spectacular First Lady's Garden, the President's faithful restored 1910's birthplace, a replica of the White House East Room and the flower-ringed memorial sites of President and Mrs. Nixon. Your private docent-guided tour of President Nixon's original birthplace, and Marine one, will transport you back to what Bob Dole called "The age of Nixon." Then head over to Downtown Disney for lunch and shopping on your own. Moderate sitting and walking.

DATE: Thursday, August 25, 2016

TIME: 9:00 a.m. - 5:30 p.m.

FEE: \$25

CREDIT DEADLINE: Thursday, July 28, 2016

Pauma Casino

Come get a feel for our modern atmosphere, people first gaming, delectable dining and select entertainment. Casino Pauma has 35,000 sq. ft. of casino gaming to keep you winning around the clock. 24-hour gaming floor features over 1,000 slot machines and 19 table games. Moderate sitting and walking.

DATE: Thursday, September 15, 2016

TIME: 8:00 a.m. - 5:30 p.m.

FEE: \$15

CREDIT DEADLINE: Thursday, August 18, 2016

LA County Fair

Enjoy great food, music, vendors, amusement rides and games. Moderate sitting and walking.

DATE: Thursday, September 22, 2016

TIME: 11:00 a.m. - 5:30 p.m.

FEE: \$15

CREDIT DEADLINE: Thursday, August 25, 2016

San Manuel Casino

Come take a spin on any of our over 3,600 hot slot machines. Pull up a seat at one of our table games locations throughout the casino and play Vegas-style blackjack, Pai Gow, or other exciting games. This 24/7 gaming destination offers bingo, slots & table games, plus restaurants & nightly live music as well. (\$10 slot play given upon arrival, subject to change) Moderate sitting and walking.

DATE: Thursday, October 6, 2016

TIME: 8:00 a.m. - 5:30 p.m.

FEE: \$15

CREDIT DEADLINE: Thursday, September 8, 2016

SUPPORT GROUPS

Sam and Alfreda Maloof Foundation with Lunch and Shopping at Victoria Gardens

Enjoy a 90 minute docent lead tour of the historic Maloof home. This tour covers the historic home, show room and woodsheds. After explore the gardens and Jacobs Education Center on your own. We will then head over to Victoria Gardens Mall for outdoor shopping and lunch on your own. Moderate sitting and walking.

DATE: Tuesday, October 18, 2016

TIME: 8:00 a.m. - 5:30 p.m.

FEE: \$15

CREDIT DEADLINE: Thursday, September 20, 2016

Fillmore Mystery Lunch

All aboard for a hilarious outrageous afternoon murder mystery comedy performed by P. Maxwell Productions troupe while enjoying a signature three-course lunch all on a train. Join in the fun and guess "who-done-it." Shop and browse at the Loose Caboose Garden Center and Gift Emporium during intermission. Moderate sitting and walking.

DATE: Saturday, November 19, 2016

TIME: 9:00 a.m. - 6:00 p.m.

FEE: \$76 (lunch included)

CREDIT DEADLINE: Thursday, October 20, 2016

Knott's Merry Farm

with Lunch at Mrs. Knott's Chicken Dinner

DATE: TBD

TIME: TBD

FEE: TBD

CREDIT DEADLINE: TBD

**INFORMATION
COMING SOON**

Alzheimer's Disease Support group for Caregivers

A time where caregivers can share their experiences in confidentiality with one another.

1:00 p.m. - 3:00 p.m.

1st and 3rd Tuesday of each month

EYE DAS (Support for the Vision Impaired)

A non-profit organization dedicated to helping the visually impaired in the San Gabriel Valley. Membership is open to anyone with impaired, partial, or no vision. Sighted individuals are always welcomed. EYE-DAS encourages those with visual problems to become more independent in order to be able to lead more productive and satisfying lives.

1st Monday of each month

12:00 p.m. - 2:00 p.m.

Stress-Busting Program For Family Caregivers New!

Presented by: USC Family Care giving Support Center
Caring for a loved one is stressful, but you are not alone! In this 9 week program you will learn stress management techniques and relaxation and coping strategies. To register please call (855) 872-6060.

DATES: Call Cortez Center (626) 331-5366

TIME: 10:00 a.m.-12:00 p.m.

Multiple Sclerosis Spirit of Success

11:00 a.m. - 1:30 p.m.

2nd and 4th Wednesday of each month

EXERCISE CLASSES

ZUMBA



Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba Fitness classes are often called exercise in disguise.

INSTRUCTOR: Juan Carlos Chavez

DAY & TIME: Monday - Thursday, 5:30-6:30p.m.

FEE: \$5 per class (discount given at time of checkout when registering for the week or month)

ZUMBA GOLD



The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong.

INSTRUCTOR: Juan Carlos Chavez

DAY & TIME: Mondays & Thursdays, 3-4p.m.

FEE: \$3 per class

INSANITY



INSANITY turns old-school interval training on its head. It's max interval training, because it keeps your body working at maximum capacity through your entire workout. You keep pushing your limits – so your body has to adapt. **INSTRUCTOR:** Juan Carlos Chavez

DAY & TIME: Monday & Wednesday, 6:45-7:30 pm

FEE: \$6 per class (discount given at time of checkout when registering for the week or month)

ENRICHMENT CLASSES

MATH WORKSHOP

INSTRUCTOR: AGI Academy

TUITION: \$93.00

SUPPLY FEE: \$10.00

June 13 - August 8 (8 weeks) except July 4, 2016

Monday 7:00 p.m. - 7:45 p.m. Ages 8-13

Course description: This is a great refresher course for students who want to brush up on their Math skills. Experience a new approach to math problem solving and hands-on practice for 3rd - 8th graders. Whether students need help with homework assistance, or want to prepare for a test, AGI is here to help. The program not only helps with individuals for improvement, but will also help your student manage overall success in school. *\$10 supply fee payable to instructor at first class meeting.

INTRODUCTION TO TYPING, WORD AND POWERPOINT

INSTRUCTOR: AGI Academy

TUITION: \$93.00

SUPPLY FEE: \$10.00

June 13 - August 8 (8 weeks) except July 4, 2016

Monday 7:45 p.m. - 8:30 p.m. Ages 8-13

Course description: Develop your child's proper typing techniques and prepare them for many years of future usage. Learn to use Microsoft Word for writing reports, homework or basic communication skills. The class will cover such areas as formatting with fonts, paragraph alignment, indents, margins, clip art, bullets and numbering, and columns and tables. Students will also learn PowerPoint for slide shows and apply the presentation to their academic work and project. *10 lab and supply fee payable at first class meeting.

INTRO TO COMPUTERS, WORD AND INTERNET

INSTRUCTOR: AGI Academy

TUITION: \$93.00

SUPPLY FEE: \$10.00

June 13 - August 8 (8 weeks) except July 4, 2016

Monday 7:45 p.m. - 8:30 p.m. Ages 16+ to Adults

Course description: It's never too late to learn! Explore the essential skills to enrich your computer knowledge, understand the terminologies and access the online world through Internet. We will introduce you the basic skills and terms needed to operate your computer. Our hands-on practice can accelerate students to master the computer learning easy and fun. *10 lab and supply fee payable to the instructor at first class meeting.

Classical Beginning Piano Lessons

Always wanted to play the piano, read music & sing? Here's your chance at cut rate prices!

INSTRUCTOR: Ms. Dale, Credentialed Music Specialist

FEE: \$100/8 weeks (\$10 Material fee due to instructor on first day of class)

DATE: Beginning July 5, 2016

Classes available on Tuesdays, Thursdays or Saturdays

TIME: 30 minute lessons. Contact center or visit DASH for available times.

**No makeups for missed classes*

SPECIAL INTEREST CLASSES

Happy Dancers Line Dancing Club

Happy Go! Healthy Go! Happy Dancers GoGoGo! It's never too late to start dancing! Adult dance classes are designed to serve as an introduction to dance and movement for dancers at any age, with or without dance experience. Pursue the desire to dance, or try it just for fun! In our opinion, it's the best exercise that you can participate in, because it tones your body while creating ageless beauty through body and spirit. Instructor: Roger Hwang

(NO CLASS ON 11/24, 12/24, 12/31)

Age	Day	Time	Fee
Early Beginner			
18+	Sat	9:00 a.m. - 12:00 p.m.	\$5.50 per class
Beginner			
18+	Tues	7:00 p.m. - 9:00 p.m.	\$4.50 per class
Beginner/Intermediate			
18+	Thurs	7:00 p.m. - 9:00 p.m.	\$4.50 per class

Discounts when registering for a full Session. Inquire at the Cortez Senior Center.

NEW! LINE DANCING WITH PAM

This exciting class will teach you the basic line dance steps. Learn new steps and dances that are choreographed to current hits on the radio. Everyone will have fun dancing and getting exercise at the same time. Please wear shoes with backs, no sandals or flip flops. This is an on-going drop-in class.

FEE: \$12 a month unlimited

DAY: Wednesdays,

Time: 1:00 p.m. - 2:00 p.m. Beginning

2:15 p.m. - 3:15 p.m. Intermediate



RECREATIONAL ACTIVITIES

Billiards Room

Open during our operating hours for adults 50+ years or older! Check out your balls at the front counters. Now taking an interest list for players that would be interested in having a monthly tournament!

NEW! Walking Club

Come join us in enjoying the outdoors, staying active and most importantly learning about healthy living. Meet in the front lobby of the Senior Center. Don't forget your towel and water bottle!

DAY & TIME: Every Thursday at 9:15 a.m.

RECREATIONAL ACTIVITIES

Movie Madness

Join our center every Friday for a movie showing! Enjoy the experience on our 70" HD TV with our very own home theatre system. Free popcorn is provided.
Fridays, 9:15 a.m.

NEW!!! INDOOR VOLLEYBALL

Come play a friendly game of indoor volleyball! A beach ball is used instead of a regular ball. Chair and standing games will be available. ALL levels welcome!

Thursdays, 12:30 p.m. - 2:30 p.m.

NEW! Bean Bag Baseball

Sponsored by Bridgecreek

2nd Tuesday of each month

2:30 p.m. - 3:30 p.m.

Come see what all the hype is about!

Cortez Cooler Fridays

Beat the heat! Spend your Friday afternoons enjoying fun activities at the senior center. Staff are planning a great schedule of events including movie days, dance socials, ice cream socials and much more!

1:00 p.m. - 4:00 p.m.

Friday, June 24, 2016

Salsa/Bachata Demonstration with Selena the movie to follow

Friday, July 1, 2016

Snow Cones and Karaoke

Friday, July 8, 2016

Line Dancing demonstration with a Patriotic movie to follow

Friday, July 15, 2016

Ice Cream Social and Dance with a live DJ

Join a Club!

Pinochle Monday & Wednesday 9:15 a.m. - 11:15 a.m.

Bridge Wednesdays & Fridays, 1:00 p.m. - 4 p.m.

Tuesdays 10:00 a.m. - 2:00 p.m.

Jewelry Thursdays, 7:00p.m. - 9:00 p.m.

T.O.P.S Thursdays, 6:00 p.m. - 8:00 p.m.

(Taking Pounds Off Sensibly)

Needlework Tuesdays, 12:00 p.m. - 2:30 p.m.

Canasta Tuesdays, 12:00 p.m. - 3 p.m.

Chess Tuesdays & Thursdays, 12:30 p.m. - 4:00 p.m.

Red Hat Club 1st Monday of each month, 9:00 a.m. - 12:00 p.m. (Full)

FREE MT. SAC CLASSES OFFERED AT CORTEZ CENTER

All classes are held at the Senior Center. Registration must be completed directly with the instructor on the first day of class. Students must provide own materials.

NOTE: All computer classes require preregistration. Students may only register for one class and must be present at time of registration. The Fall Session Registration Date for computer classes will be held on Thursday, July 21, 2016 from 10:00 a.m. -10:30 a.m..

COMPUTER CLASSES

Basic Computing Level 1

Introduction to the Personal Computer

Mondays & Wednesdays

9:00 a.m. - 10:30 a.m.

Basic Excel 1, 2 & 3

Mondays & Wednesdays

10:30 a.m. - 12:00 p.m.

Basic Computing Level 2

Mondays & Wednesdays

12:30 p.m. - 2:00 p.m.

Digital Photography for the Beginner

Tuesdays

12:30 p.m. - 3:30 p.m.

Internet Research

Thursdays

12:30 p.m. - 3:30 p.m.

DECORATIVE/HOME FINE ARTS:

Intermediate Decorative Art

Production for Retail Sale

Wednesdays

9:00 a.m. - 12:00 p.m.

Lettering Styles and

Advertising Calligraphy

Wednesdays

12:30 p.m. - 2:30 p.m.

Home Gardening

Thursdays

10:00 a.m. - 12:00 p.m.

Watercolor Painting

Fridays, 10:00 a.m. - 1:00 p.m.

HEALTH

Healthy Aging

(Physical Fitness Classes)

Mondays & Wednesdays

9:00 a.m. - 10:00 a.m.

Mondays & Wednesdays

10:00 a.m. - 11:00 a.m.

Fridays

9:00 a.m. - 10:00 a.m.

Fridays

10:00 a.m. - 11:00 a.m.

Healthy Aging

Principles of Slow

Movement (Tai Chi)

Mondays

1:00 p.m. - 3:00 p.m.

Healthy Aging

Principles of Posture and Flexibility (Yoga)

Tuesdays

10:15 a.m. - 11:15 a.m.

YOUTH SPORTS LEAGUES

FOOTBALL & CHEER

West Covina Bruins
 Telephone • (626) 536-0357
 Website • www.leaguelineup.com/wcb Bruins



YOUTH BASKETBALL

West Covina Youth Basketball
 Telephone • (626) 905-6049
 Website • www.wcybl.org



SOCCER

West Covina Youth Soccer
 Website • www.wcysc.com



GIRLS SOFTBALL

West Covina Girls Softball
 Telephone: (626) 919-1689
 Website: www.wcgs.info



LITTLE LEAGUE & BASEBALL

West Covina American Little League
 Website: www.wcall.org

West Covina National Little League
 Website: www.westcovinanational.com
 Telephone: (626) 337-4123

West Covina Pacific Coast Little League
 Telephone: (626) 502-7255
 Website: www.eteamz.com/pcllwc

West Covina Youth Pony Baseball
 Telephone: (626) 917-8240
 Website: www.westcovinapony.org

CLUB HEIGHTS VOLLEYBALL

Club Heights Volleyball provides volleyball instruction to junior girls ages 8-18 in San Gabriel Valley. We hold our practices and clinics in two locations, West Covina and Glendora California. Club Heights Volleyball is a member of USA Volleyball, and SCVA.

Club Heights Volleyball offers several levels of volleyball instruction to all ages and ability. We have our Junior Spiker Program for beginners ages 8-14, Development Training for intermediate skill level ages 13-18 and then our Club Competition teams for ages 10-18.

Our summer programs are very popular. We offer Junior Spikers (beginners program ages 8-14), All Skills Camps (Ages 10-14), Skill Specific Camps (Ages 10-16). And don't forget our FREE All Skills Clinic in June for ages 10-14!

Club Team Tryouts for Ages 15-18 will take place in August.

Our Development Training Fall Session starts in August and runs through October. October is also when our Club Team tryouts for ages 10-14 will take place.

We invite you to visit our website at www.clubheightsvolleyball.com to view all of our programs, dates and costs.



CLUB HEIGHTS VOLLEYBALL

WEST COVINA WAVES SWIM TEAM

Team Ages: 6-17

Practice Time:

Mon, Tues, Wed, Thurs 6:00 p.m. to 7:30 p.m.

Cost: \$50 per month (Jan/Feb/Mar/Apr/Sept/Oct/Nov)
 \$65 per month (Jun/July/Aug)

Location: West Covina Municipal Pool,
 1720 West Merced Avenue

For Information: Call Mike Cresap at (626) 939-8853

WEST COVINA ROLLER HOCKEY

Youth and adult leagues are offered each season at the Orangewood Park Roller Hockey Facility, located at 1615 W. Merced Avenue. The facility is open after school for free skate Monday through Thursday from 2:00 p.m. - 5:00 p.m. Hockey is an excellent way to increase your physical activity while building strong muscles. Opportunities are available for both girls and boys.



For more information contact the California Street Hockey Association (626) 939-7825 or call (714) 738-8329.

FACILITY RENTALS

Great for receptions, showers, parties, gatherings, and meetings. West Covina has a banquet hall to fit your needs.

For more information go online at www.westcovina.org. Reservations may be made at any of the centers during their office hours. Reservations may be made up to one year in advance.

CAMERON PARK COMMUNITY CENTER

1305 E. Cameron Ave, 91791
(626) 919-6966

The Cameron Park Community Center located across the street from West Covina High School has two full basketball/ volleyball courts and a banquet hall available for rent. Banquet hall holds 110. For availability and pricing please call.

SHADOW OAK COMMUNITY CENTER

2121 Shadow Oak Dr., 91790
(626) 965-0328

Shadow Oak Community Center is located on top of a hill at Shadow Oak Park with breathtaking views. Perfect for wedding receptions and large gatherings. Banquet hall holds 220. For availability and pricing please call.

CORTEZ SENIOR CENTER

2501 E. Cortez Street, 91791
(626) 331-5366

The Cortez Senior Center is another large banquet hall for your needs. The Cortez Center is located in Cortez Park near ball fields and is a great place to have a party. For availability and pricing please call.

SPORTS PARK FIELD RENTALS

The City of West Covina has 12 sports fields, 4 tennis courts, 6 basketball courts, a skate park, and 3 equestrian arenas that can be rented for various types of practices, games and events. For details on availability and rates call (626) 939-8853. Rental fees vary by park facility. All parks require a deposit in addition to the rental fee. Call us today and book your next sports event or activity in West Covina!

Don't forget about West Covina's Big League Dreams Park! Six major-league replica ball fields with amazing quality, plus beautiful park amenities. Call (626) 839-1100 For rates and availability.



PICNIC PAVILION PROGRAM

The West Covina Community Services Department offers the Picnic Pavilion Rental Program at eight park sites. Reservations can be made at these locations:

Cameron Community Center
1305 East Cameron Avenue
(626) 919-6966

Shadow Oak Community Center
2121 Shadow Oak Dr.
(626) 675-1148

Large pavilions are \$120 per event and small pavilions are \$60 per event. Picnic Pavilion rentals are excellent for birthday parties, baby showers, family reunions, barbecues, church picnics and company picnics.

To reserve a pavilion, call us today or visit one of our offices.

***Fees Subject to Change**

The following parks have picnic pavilions available for rent:

A list of park amenities can be found on p. 27.

Cameron Park, 1305 Cameron Ave.
Del Norte Park, 1500 Rowland Ave.
Galster Nature Park, 1620 Aroma Dr.
Palmview Park, 1340 Puente Ave.

Cortez Park, 2441 Citrus Ave.
Friendship Park, 3740 Sentous St.
Orangewood Park, 1615 Merced Ave.
Shadow Oak Park, 2121 Shadow Oak Dr.



INCLUSION

Do you have concerns about your child's growth or behavior?

211 LA County can conduct a FREE developmental screening over the phone for children, infant to five years of age to see how your child is learning, behaving, or growing for his or her age.

Dial 2-1-1 and ask to get a developmental screening for your child. You will be connected to a 2-1-1 Care Coordinator who will interview you using a parent questionnaire and who will provide hands-on and follow-up assistance in connecting to needed intervention services in Los Angeles County. Call 2-1-1 or visit www.211LA.org for Free Help or Information. It is available 24/7 and in all languages.



RESOURCES

Epilepsy Foundation	www.epilepsyfoundation.org
National Alliance for the Mentally Ill	www.namicalifornia.org
The Parents Place resource center	www.parentsplacefrc.org
National Organization for rare diseases	www.rarediseases.org
Learning disability society	www.idaamerica.org
Autism Speaks	www.autismspeaks.org
Sensory processing Disorder	www.spdfoundation.net
Parent Grief	www.pediatricervices.com
ADD/ADHD	www.chadd.org
Facts about many disabilities	www.parentcenterhub.org
Facts about special education	www.specialeducationadvisor.com
Assistive technology	www.atia.org/14a
Free Legal advice	www.disabilityrightsca.org

West Covina Youth Soccer - TOPSoccer, West Covina Youth Soccer - www.wcysc.com

The Outreach Program for Soccer, is a community-based soccer program for young athletes with physical and mental disabilities that provides a safe and fun environment for their child to participate in organized sports. These athletes compete with others of similar ability. Any youth player between the ages of 4 and 30 years old having a physical or mental disability that limits their ability to perform at the level of play they have chosen to participate is eligible for the program. Emphasis of this program is on development, training, and providing meaningful participation rather than on competition. TOPSoccer's goal is to enable the thousands of young athletes with disabilities to become valued and successful members of WCYSC.

New Inclusive Playground at Cameron Park

The City of West Covina has officially opened its Inclusive playground in Cameron Park located at 1305 East Cameron Ave. The park will allow children with special needs to play with and alongside typical children. The City views this as a positive step forward and strives for full inclusion in recreation programming.

GALSTER NATURE CENTER

HOURS OF OPERATION

Saturday & Sunday*
11:00a.m.- 3:00p.m.

1620 E Aroma Dr, West Covina, CA 91791

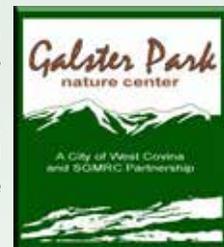
**Hours may vary based on volunteer availability.*

(626) 919-0715

The Galster Park Nature Center is located on Aroma Drive off Azusa Avenue. (See City Map on page 26) The San Gabriel Mountains Regional Conservancy (SGMRC) volunteers manage the facility and develop interpretative nature programs for youth, teens, adults and seniors.

Programs vary each month and may include general orientation to Galster Park, plant and animal adaptations, mineral identification, watershed education, geocache, fossil classification, guided hikes and family nature experiences.

For more information regarding nature center activities, events, and volunteering, please contact the Nature Center at (626) 919-0715.



Nature Center Activities
First Saturday of every month 1 p.m. - 3 p.m.

Volunteer Opportunities
We Make a Difference! You can too!

Have you always wanted to be a park volunteer and share your love of nature with others? The San Gabriel Valley Mountains Regional Conservancy (SGMRC) provides training to help you become a volunteer at the Galster Park Nature Center. The nature education program is dependent upon volunteers to serve as docents, trail guides, office personnel, program presenters, and assistants. If you are interested in serving as a volunteer, please contact Galster Park Nature Center at (626) 919-0715.



QUICK REFERENCE NUMBERS

General www.211la.org	
211 LA County	1-800-339-6993
Care given Resource	1-909-621-9900
San Gabriel Pomona Chapter Pasadena Red Cross	(626) 799-0841
CAPS Alzheimer's Daycare Service Elder Abuse Hot line	(626) 917-4484 1-800-992-1660
Emergency	911
Employment Development Dept. HICAP	800-300-5616 800-824-0750 ext. 3006
Meals on Wheels www.mealsonwheels411.org	(626) 333-4570
Medicare Info www.Medicare.gov	1-800-MEDICARE 1-800-633-4227
Non-Emergency Police and Fire	(626) 939-8500
Operator Assistance	411
Social Security Nat'l Office Social Security Local Office	1-800-772-1213 (626) 814-9012
TTY for Deaf	(626) 960-4422
Veteran's Administration	(626) 813-3402
WestCo Dial-A-Ride (appointment) WestCo Dial-A-Ride (application) YWCA	1-800-425-5777 (626) 939-8430 (626) 960-2995
<u>Hospitals/Citrus Valley Medical Centers</u>	
Inter-Community	(626) 331-7331
Queen of the Valley	(626) 962-4011
<u>Legal Services</u>	
Lawyer Referral Service	(626) 966-5530
<u>Housing Information for Low Income Housing</u>	
CA Department of Fair Employment and Housing 1055 W. 7th, #1400, LA 90017	(213) 439-6799
Fair Housing Council	(800) 477-5977
Section 8 Housing	(626) 960-4011 ext. 481
Office of Housing & Urban Dev. Housing Rights Center	(213) 894-8000 (800) 477-5977
<u>West Covina Information and Referral Services</u>	
Access Services	1-800-827-0829
Citrus Valley Health Partners Community Wellness Services	1-888-456-2847
Social Services S.S.I. & Medi-Cal Pomona (D.P.S.S.)	(626) 967-7251 (909) 865-5268

GO WEST TRANSIT SYSTEM

www.westcovina.org/transit
(800) 425-5777

The City's Go West transit system includes three routes: Red, Blue, and Green. Go West provides service to many West Covina destinations; including: the Westfield Shopping Center, Eastland Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many others!

For the location of shuttle stops, assistance in locating the stops closest to you, and route schedules, please call (800) 425-5777. You may also visit the City's website (www.westcovina.org/transit) to view route maps and schedules Online.

In general, the shuttle schedules vary between the hours of 6:30 a.m. to 7:00 p.m., Monday thru Friday. At just \$1.00 each way the Red, Blue, and Green Shuttles are a real bargain.



WestCo Dial-A-Ride

WestCo Dial-A-Ride is a shared curb-to-curb service provided on an appointment basis for senior and disabled residents of West Covina. Customers may travel to or from any location within City limits for any purpose (Sundays); or up to three miles outside the City limits for medical appointments (Monday - Friday). Fares are \$1.00 ONE WAY. Escorts and children under five (5) ride free. Fares must be paid at the time of boarding.

Candidates will need to submit an application to the City of West Covina before they can begin using the service. An application can be obtained by contacting the Community Services Department at (626) 939-8430, or at the City's website (www.westcovina.org/transit). Please allow five business days for processing your application. Call today, we look forward to serving you!



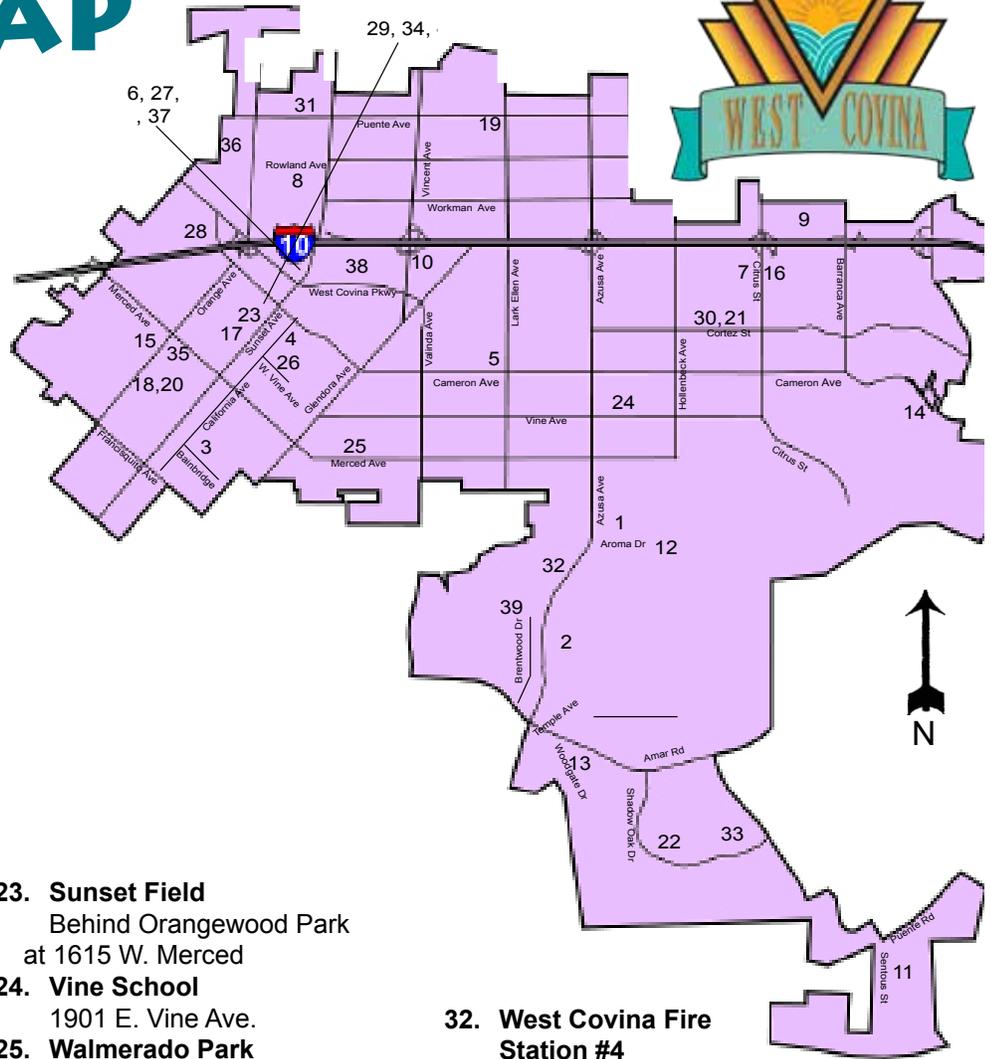
CITY MAP



1. **Aroma Parkette**
2201 Aroma Dr.
2. **Big League Dreams**
2100 S. Azusa Ave.
3. **California Day Care**
1125 Bainbridge Ave.
4. **California Parkette**
815 S. California Ave.
5. **Cameron Park and Community Center**
1305 E. Cameron Ave.
6. **Citrus Superior Court**
1427 West Covina Pkwy.
7. **Cortez Park**
2441 E. Cortez St.
8. **Del Norte Park**
1500 W. Rowland Ave.
9. **Eastland Shopping Center**
Eastland Center Dr.
10. **Foothill Transit**
100 S. Vincent Ave.
11. **Friendship Park**
3740 S. Sentous St.
12. **Galster Park**
1620 Aroma Dr.
13. **Gingrich Park**
1835 Woodgate Dr.
14. **Heritage Park**
3510 E. Cameron Ave.
15. **Hurst Ranch**
1227 S. Orange Ave.
16. **Maverick/Ridge Riders Park**
350 S. Citrus St.
17. **Orangewood Park**
1615 W. Merced Ave.
18. **Orangewood School**
1440 S. Orange Ave.
19. **Palmview Park and Community Center**
1340 E. Puente Ave.
20. **Roller Hockey Rink**
1615 W. Merced Ave.
21. **Senior Citizens Center**
2501 E. Cortez St.
22. **Shadow Oak Park and Community Center**
2121 E. Shadow Oak Dr.

23. **Sunset Field**
Behind Orangewood Park
at 1615 W. Merced
24. **Vine School**
1901 E. Vine Ave.
25. **Walmerado Park**
625 E. Merced Ave.
26. **Wescove School**
1010 W. Vine Ave.
27. **West Covina Civic Center**
1444 W. Garvey Ave.
28. **West Covina Community Services Center**
1760 Cameron Ave.
29. **West Covina Fire Station #1**
819 S. Sunset Ave.
30. **West Covina Fire Station #2**
2441 E. Cortez St.
31. **West Covina Fire Station #3**
1433 W. Puente Ave.

32. **West Covina Fire Station #4**
1815 S. Azusa Ave.
33. **West Covina Fire Station #5**
2650 E. Shadow Oak Dr.
34. **West Covina Maint. Yard**
825 S. Sunset Ave.
35. **West Covina Municipal Pool**
1720 W. Merced Ave.
36. **West Covina Police Dept.**
1444 W. Garvey Ave.
37. **West Covina Public Library**
1601 West Covina Pkwy.
38. **Plaza West Covina**
112 Plaza Dr.
39. **Woodgrove Park**
2001 Brentwood Dr.



Park Name/Location		Acres	Baseball or Softball Field	Multi-Purpose Fields	Community Center	Concession Stand	Basketball Courts	Picnic Pavilion	Tennis Courts	Senior Center	Picnic Tables	Hockey Rink	Playground	Skate Park	Splash pad	Walk Path	Dog Park	BBQ	Pool
Facilities	Cameron Community Center, 1305 E. Cameron Avenue			•		•													
	Palmview Center, 1340 E. Puente Avenue			•															
	Senior Services Center, 2501 E. Cortez Avenue						•		•	•								•	
	Shadow Oak Center, 2121 E. Shadow Oak Drive				•														
	West Covina Municipal Pool, 1720 W. Merced Avenue						•	•		•					•				•
Parks	Aroma Parkette, 2201 Aroma Drive	0.69	•										•		•				
	Big League Dreams Sportsplex, 2100 S. Azusa Ave.	27.1	•	•	•		•			•			•					•	
	California Parkette, 815 S. California Avenue	0.28											•						
	Cameron Park, 1305 E. Cameron Avenue	6.33	•	•	•		•			•			•		•			•	
	Cortez Park, 2441 E. Cortez Street	12.66	•	•	•		•		•	•			•		•			•	
	Del Norte Park, 1500 W. Roland Avenue	7.23	•				•	•		•			•	•	•	•	•	•	
	Friendship Park, 3740 S. Sentous Street	6	•				•	•		•			•		•			•	
	Galster Park, 1620 Aroma Drive	42.22					•			•			•		•			•	
	Gingrich Park, 1935 Woodgate Drive	8.93	•				•	•		•			•		•			•	
	Heritage Park, 3510 E. Cameron Avenue	14.28									•				•				
	Maverick/ Ridge Riders Park, 350 S. Citrus Street	12.7	•		•					•					•				
	Orangewood Park, 1615 W. Merced Avenue	8.02	•		•	•	•			•	•	•	•					•	
	Palmview Park, 1340 E. Puente Avenue	8.54	•	•			•	•		•			•		•			•	
	Shadow Oak Park, 2121 E. Shadow Oak Drive	25.85	•		•		•	•	•		•		•		•			•	
	Sunset Field, Behind Orangewood Park at 1615 W. Merced	2.83	•							•									
	Walmerado Park, 625 E. Merced Avenue	5.36	•				•				•		•		•			•	
Woodgrove Park, 2001 Brentwood Drive	9.99						•			•		•		•			•		

DEL NORTE SPLASH PAD

The West Covina Splashpad is a fun and interactive water playground. Use of the Splash pad is a voluntary activity and all users assume the risk of personal injury or property damage associated with the use of the Splash pad. Please follow all posted rules and regulations.



CENTRAL BARK DOG PARK

The West Covina Dog Park is dedicated to fun and exercise activities with your dog. Dogs may run off-leash under voice control within the confines of the fenced area. Use of the dog park is a voluntary activity. Users assume the risk of personal injury or property damage associated with the use of the dog park. Please follow all posted rules and regulations.

WEST COVINA BIG LEAGUE DREAMS

Located at 2100 South Azusa Avenue, this amazing sports complex offers 6 replica major league baseball fields, a batting cage, two restaurants, two covered playgrounds, a covered soccer pavilion, a pro-shop, and a turf area for special events.

Call (626) 839-1100 for information on joining leagues, enjoying dinner with a view, or booking your next rental event.

City of West Covina
Community Services Department
1444 West Garvey Ave., South
West Covina, CA 91790

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PERMIT #625
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Residential Customer

MOVIES in the PARK

Tuesdays
7:00p.m.-10:00.m.

West Covina Civic Center
1444 West Garvey Ave South

Minions Movie 6/14

Max 6/21

Star Wars: The Force Awakens 6/28

Goosebumps 7/12

Shadow Oak Park
2121 Shadow Oak Drive

Inside Out 7/19

Zootopia 7/26

West Covina

SUMMER CONCERT SERIES

Thursdays
6:00p.m.-9:00p.m.

David Lorango	
Country Music	7/7
Sgt. Pepper	7/14
OPA, OPA	7/21
The Mariachi Divas	7/28
Cold Duck	8/4
Stone Soul	8/11
Tribute to Santana	8/18

Put on by the Greater
West Covina Business
Association

More Info on p.4