

FREE ADMISSION

FOOD TRUCKS LIVE ENTERTAINMENT PRIZES & MORE



WEST COVINA REGIONAL MEGA

HEALTH & WELLNESS FAIR

October 9, 2022
9:00am - 5:00pm

West Covina Sportsplex
2100 S. Azusa Ave.
West Covina, CA

www.WestCovina.org

This is an educational event and there is no medical treatment and diagnosis performed. There is no doctor-patient relationship established.



FREE Health Screenings

- Blood Pressure Check
- Blood Sugar Test
- Body Mass Index Analysis
- Body Fat Analysis
- Bone Density Scan
- Computerized Health Risk Assessment
- Dental Assessment and Treatment
- Fitness and Flexibility Screening
- Foot Fitness Exam
- Spine Check
- Vision Test
- Skin Check
- Hearing Check

Immunizations

- FLU
- COVID vaccines

Low-Cost Health Screenings *

*Please call to register. First Come First Serve.
Fasting for 8-12 hours except water is recommended for cholesterol screening.

- EKG (electrocardiogram) tracing
- General blood screening: anemia, chemistry, cholesterol*, diabetes, thyroid, cancer screening including general, ovarian, and prostate
- Cardiovascular risk assessment: carotid, stroke, & abdominal aortic aneurysm (AAA) and peripheral artery disease (PAD)

Health Education & Classes

- Healthy Cooking Demonstration
- CPR, Disaster, and Personal Safety Training
- Healthy lifestyle/Antiaging/Cancer and Disease Prevention
- Zumba and Exercise Demonstration

Exhibits

- Walk through Mega Brain, Heart, Lung, & Colon models
- Proton beam therapy
- Robotic and Minimal Invasive Surgery

For more information:

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Español: (626) 251-9447

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